



# PACKING LIST

Please be sure to label everything.

## LINENS

- |                                    |   |
|------------------------------------|---|
| ___ 2 Sets of Sheets (Cot or Twin) | ___ 4-6 Towels (Beach and Bath)           |
| ___ 1-2 Blankets                   | ___ 1 Laundry Bag                         |
| ___ 1 Comforter (optional)         | ___ 1 "Husband" Pillow (optional)         |
| ___ 1 Pillow                       | ___ 1 Mattress Cover                      |
| ___ 2 Pillow Cases                 | ___ 1 Egg Crate or foam pad (recommended) |
| ___ 2 Washcloths                   | ___ Small Floor Mat (optional)            |
| ___ 2 Hand towels                  | ___ 1 Shoebag (pocket style)              |

## CLOTHING

- |   |   |
|---|---|
| ___ 3-4 CYJ Ringer Tee                            | ___ 1 Jeans or Pants                            |
| ___ 2-3 pairs of CYJ Blue shorts <b>*Required</b> | ___ 14-18 Pairs of underwear                    |
| ___ 2-4 Plain White Tees                          | ___ 6-7 Bras/sports bras/undershirts            |
| ___ 2-4 Tank Tops                                 | ___ 15 pairs of Athletic Socks                  |
| ___ 12-15 Short Sleeve T-Shirts                   | ___ 4-5 Bathing Suits (one 1-piece for females) |
| ___ 4 Long Sleeve Shirts                          | ___ 1 poncho or Bathing Suit                    |
| ___ 12-14 Shorts                                  | ___ 1 Fleece/Warm Jacket                        |
| ___ 4 Sweatshirts                                 | ___ 4-5 pairs of Pajamas                        |
| ___ 4 Sweatpants                                  | ___ 1-2 Baseball cap/hats                       |

## TOILETRIES

- |                               |                           |
|-------------------------------|---------------------------|
| ___ 1 Shower Caddy/Carrier    | ___ 1 Deodorant           |
| ___ 1 Bars of Soap/Body Wash  | ___ 1 Brush/Comb          |
| ___ 2 Toothbrushes/Toothpaste | ___ 1 Shampoo/Conditioner |

## FOOTWEAR

- |                                   |                                       |
|-----------------------------------|---------------------------------------|
| ___ 2 Pairs of Sneakers           | ___ 1 pair of Sandals (no high heels) |
| ___ 1-2 Pairs of Flip Flops       | ___ Slip on shoes/Slippers            |
| ___ 1 Waterproof Rain Shoes/Boots |                                       |

## MISCELLANEOUS/OPTIONAL

- |   |  |
|---|--|
| ___ 1 Bathrobe  | ___ 1 Handheld/Clip-on battery Fan               |
| ___ 1 Mouthguard/Shin Guards  | ___ 1 water bottle (labeled with name)           |
| ___ 1 Backpack/draw string pack   | ___ Sweatbands/Head bands/bandanas/hair ties     |
| ___ Books/games/cards   | ___ Extra Kippot                                 |
| ___ Glasses along with an extra pair  | ___ Pre-addressed stamped envelopes              |
| ___ Retainer  | ___ Sleeping Bag                                 |
| ___ 1-2 Flashlights/battery operated light                                      | ___ Folding Chair/Stadium Seat (no metal pieces) |
| ___ 1 Pair of Sunglasses  | ___ Other toiletry items as needed               |
| ___ Costumes, hats or items for dressing up                                     | ___ Contact lens/Solution                        |
| ___ Sports Equipment (tennis racquets, softball/batting gloves, sports goggles) | ___ Lip balm                                     |
| ___ Camera w/ extra memory card/charger   | ___ Extra Batteries                              |
|   | ___ Disposable Camera                            |

