

Uniform and Packing Guidelines

Fernwood is a uniform camp, which fulfills our desire to live simply without emphasis on appearances. Our official outfitter is Amerasport. It is not required that you order your uniform items from Amerasport, however, they are the only authorized source for Fernwood logo items. Orders may be placed by mail, fax or phone or online at www.amerasport.com.

**TO ENSURE RECEIPT OF YOUR UNIFORM IN TIME FOR CAMP,
WE HIGHLY SUGGEST ORDERING IN FEBRUARY OR MARCH, BEFORE THE RUSH.**

UNIFORM BASICS

The regulation Fernwood uniform is white (on top) and dark hunter green (on bottom). Campers must wear uniforms at all times, except at Sunday night campfire and special events. Amerasport offers many types of shorts in Fernwood green and white, as well as t-shirts, tanks, and polo shirts. All CF uniform items from previous summers are perfectly acceptable.

Any short-sleeved, solid white shirt is also acceptable uniform, as are dark hunter green pants, parkas, sweaters, or sweats. No clothing of other colors or with other logos or emblems may be worn as uniform.

At least 1 hunter green polar fleece outer garment is required uniform for all campers. This type of material dries quickly and provides the greatest comfort and warmth for any outdoor activities, including extreme weather. Amerasport offers a polar fleece in hunter green with our logo, however, a similar item is also sufficient.

WHITES: Campers wear ALL white shorts, t shirts and sweatshirts for camper services and other special events.

SHOES: Sneakers are REQUIRED – at least 2 pairs. Flip flops, loafers, clogs, etc. are not permitted for sports. Older campers who plan to go on mountain trips may bring optional hiking boots or wear sneakers with good support. Platform shoes, slides, or heels are not permitted at camp and may not be worn.

WEATHER PROTECTION: Please provide your child with a raincoat, a pair of rain pants, and waterproof footwear (i.e. duck shoes or rubber boots). It is not necessary that raingear be hunter green – any color is acceptable.

CAMPING GEAR: Each camper MUST HAVE at least 2 water bottles, and a day pack with two shoulder straps for carrying a few things. A good waterproof jacket and RAINPANTS are essential items for rainy days.

BEDDING, TOWELS, ETC.: Towels, bed linens and blankets are provided to each camper, along with a small chest of drawers to hold her uniform and a few extra clothing items. Wheeled storage drawers are provided under each child's bed. Each camper should bring her own pillow. Please do not send personal towels, blankets, sheets, or hard trunks that need summer storage, as there is not enough room in each bunk to store these items, and they will need to be sent home. (Pillows are provided for int'l campers)

BEDDING NOTE: *If camper has purchased the optional hunter green vintage CF fleece blanket from Amerasport, we do allow it to be used as a top blanket on camper beds. It was replicated in honor of our 90th anniversary.*

DUPLICATES: If your daughter wears glasses, please give her a duplicate pair in case of emergency. Shatterproof lenses are safer than ordinary ones for sports.

ELECTRONIC ITEMS: *(Please read policy on electronics for specifics)* It can sometimes be challenging for children to keep track of their belongings at camp. For this reason, we recommend that you refrain from sending expensive electronics of any kind, and remember no electricity means no ability to charge electronics.

JEWELRY & MAKEUP: Camp is simple. Makeup should not be sent to camp. Expensive or excessive costume jewelry is also not appropriate in the camp setting. Dangling earrings and loose jewelry are dangerous if worn in sports and are not permitted. Simple studs are fine. Please guide your daughter in exercising good judgment when packing.

CLOTHING LABELS: EVERYTHING sent to camp should be labeled with your child's FULL NAME, using STICK IN LABELS or a LAUNDRY SAFE NAME STAMP. CHOOSE QUALITY STICK IN CLOTHING LABELS ONLY!!!! NO IRON ON PERMITTED. Iron on labels are not designed to withstand the heat of commercial clothing dryers, and they fall off. The #1 reason children lose clothing at camp is because their labels have fallen off.

Labels must include full first and last name. To assist in laundry sorting, please place labels as indicated:

- center back neck band of shirts, sweatshirts, etc.
- center back waistband of shorts, sweatpants, etc.
- underpants and socks should be marked with a laundry safe name stamper or waterproof Sharpie Rub-A-Dub marker with FIRST & LAST NAME.

SUGGESTED LABEL VENDORS: All labels are not created equally, when it comes to staying stuck! Label Daddy (www.labeldaddy.com), Label Lighthouse (www.labellighthouse.com), or Amerasport are label vendors that have worked well in the past. Stick in labels should be stuck on each and EVERYTHING brought to camp, including all clothes, gear, outerwear, socks, shoes (both of them), sports equipment, toiletries, etc. **NOTE: Undies & Socks are best labeled with a Sharpie Rub-A-Dub marker or a waterproof laundry stamper.**

SHARPIE "RUB-A-DUB" waterproof markers are great for marking rainwear, boots (both of them!), shoes, slippers, tennis racquets, flashlights, water bottles, cameras, etc. Items not properly marked may not return at the end of the summer. EVERY ITEM BROUGHT TO CAMP SHOULD HAVE A LABEL ON IT! Make sure to send a Rub-A-Dub to camp for marking missed items during the summer.

MISCELLANEOUS ARTICLES: Please equip your daughter with the following: pads/tampons, flashlight and batteries, toothbrush and paste, soap, tissues, extra comb, toiletries, stationery and stamps. She will be able to purchase a limited supply of necessary items while at camp through our "Camp Mom".

TENNIS: Each camper enrolling in tennis should have her own tennis racquet. Our tennis pro urges you to take your daughter along when you purchase her tennis racquet. The salesperson will advise you on proper fit, grip, and weight. Beginners need not buy an expensive racquet, as it will soon be outgrown. Please do not give her your old one unless you are certain that it is of suitable weight; a racquet that is too heavy is very discouraging to a beginner.

RIDING: All girls who ride should be equipped with inexpensive riding tights or jodhpurs (not sweatpants or jeans), and heeled paddock riding boots. Sneakers are not acceptable footwear for horseback riding. Her own riding helmet is required and must be ASTM/SEI approved to meet today's upgraded safety standards. Protective riding vests are provided for use at camp.

Chagrin Saddlery is a great resource for Horseback Riding uniform needs. Owned by a close friend, Chagrin is familiar with our program, has a huge in-stock selection, and can help you select appropriate riding gear.

Contact: www.chagrinsaddlery.com (440) 708-0674

EQUIPMENT FOR OTHER ACTIVITIES: The end of the packing list (next page) details other necessary & optional equipment for activities.

While your daughter needs a complete uniform, please do not send her with a lot of extra non-uniform clothing; one or two outfits for campfire or special events are plenty! If you have further questions, please do not hesitate to ask. The comfort, neatness and well-being of our girls is of prime importance to us.

IMPORTANT: UNDERSHIRT STYLE TANKS, SPAGHETTI STRAP TOPS, AND TOPS EXPOSING THE MIDRIF OR BRA STRAPS ARE UNACCEPTABLE AT CAMP OR AT ANY CAMP FUNCTIONS. WE ASK THAT YOU DO NOT BRING THEM TO CAMP.

Appropriate tops are t-shirts, polo shirts, or sleeveless shirts (not tanks) that cover bra straps completely. Ripped, torn, or cut-off clothing is not acceptable uniform and cannot be worn at camp. Uniform clothing must be hemmed, not cut. Campers wearing unacceptable clothing will be asked to change immediately. If a camper has no other acceptable clothing, Amerasport uniform compliant clothing will be purchased for her.

OFFICIAL PACKING LIST ON NEXT PAGE

CAMP FERNWOOD PACKING CHECKLIST 2024

To maximize open space in bunks, and facilitate bi-weekly laundry service, **PACK ONLY ITEMS/QUANTITIES SHOWN BELOW.**

Each camper will have a wooden dresser, shelf area, and a large rolling under-bed storage box, as well as hooks for coats.

Please **DO NOT PACK**: wall décor/posters, curtains, bath robes, plastic storage, bedding, rugs, giant stuffed animals, dress-up costumes, storage containers, hard-sided trunks or electronics (aside from a battery or solar operated personal music device).

We provide ALL linens / blankets / towels and ask you not to bring any of your own to camp.

Lost items can only be returned if all belongings are clearly labeled with FIRST & LAST NAME.

SOCKS & UNDIES: must be marked with a Rub-A-Dub Laundry marker or laundry stamper

EVERYTHING ELSE: STICK-IN ADHESIVE NAME LABELS ONLY (NO iron-in labels)

# of pieces	REQUIRED ITEMS	#Purchased	#Packed
10	White T-Shirts - short sleeve		
2	White T-Shirts - long sleeve		
6	Hunter Green Shorts		
1	White Shorts		
1	Hunter Green Polar Fleece jacket or ¼ zip		
2	Hunter Green Sweatshirt		
1	White Sweatshirt <i>(must have 1 white for Sunday services)</i>		
2	Hunter Green Sweatpants		
1	Waterproof Raincoat / Poncho – any color		
12 prs	Underwear		
10 prs	Athletic Socks		
3-4	Sports bras <i>(necessary for team games)</i>		
4-5	Swimsuits – any color		
1 pr	Swimming goggles		
1	Rash guard / spf sun shirt		
2	Sleepwear: 1 pair warm/flannel PJ's or a "onesie"		
2	Sleepwear: 2 pairs short cotton PJ's		
1 set	Regular Clothes 1 set <i>(1 pr jeans, 1 sweatshirt, 1 pr shorts, 1 t shirt)</i>		
1	Watch <i>(Inexpensive Timex waterproof with glow face for nighttime – most kids wear a watch)</i>		
1	End of bed Shoe bag <i>(ties on to end of bed for storage)</i>		
1	Baseball Cap / Sunhat		
2 prs	Sneakers or tennis shoes		
1 pr	Rain Boots or Duck shoes		
1 pr	Flip-flops or Shower shoes		
1 of each	MESH breathable Laundry Bag and MESH Zippered Lingerie bag 12" x 16"		
1	Clothing Name Stamper or Sharpie Rub-A-Dub Laundry Marker <i>(to label missed items)</i>		
2	Water Bottles <i>(at least 2 to allow for frequent washing - remember to label with name)</i>		
36 tabs	SoJourney Water Bottle Cleaning Tablets – 36 pack <i>(Amazon \$9.99)</i>		
5	A variety of flashlights, lanterns, headlamps, pen lights + LOTS of batteries		
1	Pillow with a Pillowcase <i>(pillows are provided only for int'l campers)</i>		
1	Crazy Creek type outdoor chair <i>(every camper has one - very important)</i>		
1	Small Daypack <i>(to carry on her back on trips and travel, NOT a bag with handles)</i>		
1	Shower Basket <i>(with holes for drainage)</i>		
1	Sleeping Bag for out of camp overnight trips <i>(basic camp bag, does not need to be super warm)</i>		
LOTS!	Books - Kids LOVE to read at camp - pack enough for the summer		
Various	Stationery <i>(pens, pencils, markers, envelopes pre-addressed & stamped)</i>		

Various	Sunblock, Toiletries, Insect repellant - ALL labeled with name		
	OPTIONAL ITEMS		
HIGHLY Recommended	Cozy plush CF logo blanket. Approved for use as top bed cover on camp beds. Almost all campers have one. https://www.amerasport.com/FERNWOOD-ULTRA-PLUSH-FLEECE-BLANKET-WITH-CAMPER-NAME/productinfo/72-D47/		
Optional	Egg crate mattress topper (cot size)		
Optional	White casual cotton sundress for Sunday Services (washable & inexpensive, please)		
Several	Disposable cameras (no digital- no electricity to charge batteries)		
Optional	Red/White/Blue shorts and Tee for 4 th of July celebration		
Optional	Color War dress up items 1-2 Green and 1-2 White (team colors not announced until camp begins)		
Optional	Small hand-held personal battery-operated fan		
Optional	Waterproof Rain pants – any color		

Packing beyond the packing list will crowd the bunk and make daily clean up more difficult for your camper.

Living simply in the out-of-doors is our objective. The packing list includes everything your child will need at camp.

Note: Our Camp Mom can assist in replacing necessities - batteries, toiletries, toothbrushes, stamps, etc.

CLOTHING LABELS – STICK-IN ADHESIVE NAME LABELS ONLY PLEASE!

Lost items can only be returned if clearly labeled with the camper's FIRST & LAST NAME.

For Labels that STAY ON, we recommend these label vendors:

- Amerasport <https://amerasport.com> (our uniform outfitter)
- Label Daddy <https://www.labeldaddy.com/>
- Label Lighthouse <https://www.labellighthouse.com/>

If participating in one of the activities below, please pack the REQUIRED EQUIPMENT:

HORSEBACK RIDING

- Riding paddock boots (short)
- ASTM/SEI approved Riding Helmet
- 2 pairs riding tights
- For well-priced and appropriate riding gear,
Please call Chagrin Saddlery, toll free 888-471-9612

FIELD SPORTS - Lacrosse, Field Hockey, Soccer, Softball

- cleats/shin guards/goggles/gloves (lax/field hockey)
- shin guards (soccer)
- glove (softball)
- your own stick (optional), camp sticks are available

TENNIS

- A tennis racquet is only required if your child has signed up for tennis lessons.

UNIFORM OUTFITTER

Amerasport (www.amerasport.com/) is our official camp outfitter for uniform and logo wear.

It's best to begin working on this now. Once April rolls around and the uniform rush begins, turnaround and shipping will take quite a bit longer. Starting now will allow you to exchange for size easily if necessary.

Most of the required items on the packing list can be ordered from Amerasport online or via telephone. You are not required to order uniform from Amerasport and may choose to purchase your camp items elsewhere. "FERNWOOD" IS A REGISTERED TRADEMARK. ALL ITEMS WITH THE FERNWOOD NAME OR LOGO MUST COME ONLY FROM AMERASPORT.

The packing list details all of the items/quantities needed for camp. Bi-weekly laundry is done by bunk and is returned in the afternoon -washed, dried and folded.

PLEASE REMEMBER: All camp uniform items must be free of any other logo, insignia writing or other colors aside from Dark Hunter Green and White. Uniform tops are solid white, and bottoms are solid hunter green.